

SUNDry SHOP

Tired of having to run to the store for every little thing? Have a headache and are out of aspirin or Tylenol? Need a little snack? Victoria Park's Sundry Shop is located in the leasing office and is open from 9:30 a.m. - 6:00 p.m. As of January t, we will begin selling hot dogs again every weekend. We offer a variety of sodas, juices, bottled water, chocolate, candy, chips, medicine, first aid kits, art supplies, and pool accessories. If there is something that you would like for us to start carrying, please feel free to stop by or call the leasing office and let one of our consultants know of your recommendations.

Auld Lang Syne

The song "Auld Lang Syne" is sung at the stroke of midnight in almost every English-speaking country in the world to bring in the New Year. At least partially written by Robert Burns in the 1700s, it was first published in 1796 after Burns' death. Early variations of the song were sung prior to 1700 and inspired Burns to produce the modern rendition. An old Scottish tune, "Auld Lang Syne" literally means "old long ago," or simply, "the good old days."

Did You Know?

- There are 18 different animal shapes in the Animal Crackers Cookie Zoo.
- The king of hearts is the only king without a mustache on a standard playing card.
- There are about 3,000 hot dog vendors in metropolitan New York.
- There are no clocks in Las Vegas gambling casinos.
- There are more than 40,000 characters in Chinese script.



Victoria Park

1000 Victoria Park Blvd. • Davenport, FL 33896
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New Year, New Lease

With 2010 in the past, now is the time to remember all the fun you've had at Victoria Park and look forward to the New Year. We hope that one of your resolutions this year will be to stop by the leasing office and renew your lease! Our renewals specialist, Julie, will be able to provide you with details on all the great specials we are offering to keep our amazing residents! We hope to see you soon!

It's a New Year...

...and we're honored to have all of you here as residents. After all, you are the reason we're here. Making a community work and run smoothly isn't easy. It takes the efforts of the management team and you, our residents, working together. We invite all of you to make a resolution to become involved in making your community the very best it can be. Feel free to share any ideas you have that will help make our community an even nicer place to call home.

Martin Luther King, Jr. Day

This month we celebrate the accomplishments of Dr. Martin Luther King, Jr. It was through his peaceful efforts that the Supreme Court ultimately ruled segregation unconstitutional and people began fighting for the rights of all U.S. citizens.

We honor Martin Luther King, his dream that all people should be treated equally and his legacy that will benefit generations to come.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						New Year's Day RENT DUE 1
2	3	RENT LATE	PEST CONTROL	6	7	BREAKFAST 9:30-10:30am 8
9	10	11	PEST CONTROL	13	14	BREAKFAST 9:30-10:30am 15
16	Martin Luther King Jr. Day	18	PEST CONTROL	20	21	BREAKFAST 9:30-10:30am 22
23	24	25	PEST CONTROL	27	28	BREAKFAST 9:30-10:30am 29
30	31					

January 2011



January 2011

Staff

Dawn Beauchamp
Community Manager

Bill Mosley
Maintenance Supervisor

Jamie Maldonado
Assistant Manager

David Alvarado
Maintenance Technician

Julie Badlam
Leasing Consultant

Bhavna Oberoi
Leasing Consultant

Ryan Hatton
Porter

Linda Rivera
Housekeeper

Rhonda Vail
Marketing Director

Ray Brown
Courtesy Officer

Office Hours

Monday-Saturday
9:30am - 6:00pm

Sunday
10:00am - 6:00pm

2011

Happy

NEW YEAR!





Healthy HABITS

Start the new year on a healthy foot with exercise! Exercise stimulates the secretion of endorphins which can lead to a feeling of euphoria. The release of endorphins can help fight seasonal affective disorder, a form of depression that occurs due to the reduced hours of daylight in fall and winter. Exercise can also improve your sleep, decrease migraine headaches, reduce discomfort from arthritis and improve your bone density.



New Year's Fill-In

Fill in the crossword puzzle using these words.

5 LETTERS
Clock
Party
Toast

8 LETTERS
Balloons
Confetti
Midnight

7 LETTERS
Friends
January

10 LETTERS
Noisemaker
Resolution



A MAN WITH A DREAM

Dr. Martin Luther King, Jr. was a man with firm convictions. He believed in nonviolent demonstrations to draw attention to the inequality of people in America. He traveled over 6 million miles, spoke over 2,500 times, was arrested upwards of 20 times, was awarded five honorary degrees and received the Nobel Peace Prize at the age of 35. His inspiring "I Have a Dream" speech offered hope of peace to a struggling nation and has become a resounding call to all Americans today.

Martin Luther King Jr.

Born in Atlanta, Georgia 1929	Marries Coretta Scott and settles in Montgomery, Alabama 1953	Forms the Southern Christian Leadership Conference to achieve civil rights 1957	Serving an 11 day jail sentence, writes his famous "Letter from Birmingham Jail" 1963	Awarded the Nobel Peace Prize 1964	Fatally shot in Memphis, Tennessee 1968
1944 Graduates from high school and admitted to Morehouse College at age 15	1955 Joins the bus boycott after Rosa Parks is arrested	1960 Arrested to a 4-month term, but released after intervention by John & Robert Kennedy	1963 Delivers his "I Have a Dream" speech during the March on Washington with nearly 250,000 people in attendance	1967 Announces Inception of "Poor People's Campaign" focusing on jobs and freedom for poor of all races	1986 National holiday proclaimed in King's honor

**"Confidence is contagious.
So is lack of confidence."**
Vince Lombardi



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ON A Budget

Grocery shopping can put a dent in your household expenses. By keeping these tips in mind, you'll be able to hold costs down!

- Plan your meals in advance – don't go to the store without a shopping list.
- Buy your nonfood items such as detergent, toothpaste, etc., at discount or warehouse stores.
- Coupons equal savings. Look in your local newspaper or go to the following websites:
www.grocerycoupons.com
www.shopathome.com
www.grocerycouponnetwork.com
www.coupons.com

- Download the Grocery Gadget on your smart phone to manage all grocery lists, coupons and recipes in a single location.

EASY CHICKEN RICE Casserole

- 4 – 5 medium-size chicken breasts
- 2 cans cream of chicken soup
- 2 cups long-grain rice

Rinse the chicken breasts and pat dry. Season with salt and pepper. Put in crock pot and cover chicken



completely with the two cans of chicken soup. Cook four – six hours on high or 8 – 10 hours on low.

When chicken is cooked, in a separate pan cook two cups of rice according to directions on package. After cooking, add the rice to the cooked chicken breasts and soup. Stir all together and you have a complete meal.